



Diving into the Pelvic Floor: Lab Component Schedule

8:00-8:10 AM	Introduction
8:15-9:00 AM	Anatomy & Terminology Review
9:00-10:00 AM	External Palpation and Assessment
10:00-10:15 AM	Break
10:15 AM-12:30 PM	Internal Vaginal Palpation, Assessment, Treatment
12:30-1:15 PM	Lunch
1:15-1:45 PM	Case Study 1 & 2
1:45-3:45 PM	Rectal Palpation, Assessment, Treatment
3:45-4:00 PM	Break
4:00-4:30 PM	Mock Evaluation
4:30-5:00 PM	Case Study 3 & 4
5:00 PM	Wrap-up