



Vulvodynia and Pelvic Pain: An Evidence-Based and Practical Guide to Treating Women in Pain

7:30-8:00am: Registration and Breakfast

8:00-8:30am: Course Overview

8:30-9:30am: Epidemiology, Hormones, Co-Morbidities: Interstitial Cystitis, Endometriosis, Pudendal Neuralgia, Irritable Bowel Syndrome, Chronic Fatigue, Fibromyalgia

9:30-10:00am: Nomenclature

10:00-10:15am: Break

10:15-10:45am: Anatomy

10:45-11:45am: Pathology: Vestibulodynia, Genitourinary Syndromes of Menopause, Lichen Sclerosus, Clitorodynia, Pudendal Neuralgia, Persistent Genital Arousal Disorder

11:45-12:00pm: Q&A

12:00-1:00pm: Lunch on your own

1:00-1:30pm: Medical History

1:30-2:00pm: Physical Exam

2:00-2:30pm: Lab Testing

2:30-3:00pm: Questions

3:00-3:30pm: Treatment: PT, Sex Therapy, Pain Management, Oncology

3:30-4:00pm: Treatment: Hormones, Medication

4:00-4:30pm: Surgical Management: Trigger Point Injections, Botox, Lysis of Clitoral Adhesions, Vestibulectomy, Experimental Treatments

4:30-5:00pm: Questions