



Vulvodynia and Pelvic Pain: An Evidence-Based and Practical Guide to Treating Women in Pain

Course Objectives

- Provide an update on the evidence-based nomenclature surrounding vulvodynia, vestibulodynia and various sub-types of pelvic pain
- Discuss the prevalence of dyspareunia and frequent co-morbidities
- Define the most common causes of dyspareunia
- Describe and demonstrate detailed vulvar and pelvic floor anatomy involved in various disorders of pelvic pain
- Explain detailed aspects of the medical history and physical examination that can help determine the etiology of the dyspareunia
- Describe the various treatment options available for treated vulvar disorders, including psychological, physical therapy, medical, and surgical treatments