Course Objectives

At the conclusion of this program, the learner will be able to:

• Understand the anatomy of the spine, hips, and pelvic floor as it relates to male pelvic pain.

• Learn all aspects of male pelvic pain: definitions, causes, symptoms, psychosocial aspects, medical management options and physical therapy interventions.

• Incorporate a pelvic floor and an orthopedic physical therapy exam and treatment into the care of the male pelvic pain patient.

• Demonstrate proficiency in internal and external manual therapy techniques and therapeutic exercise interventions to the spine, hips, and pelvic floor.

• Create an appropriate medical team for the patient.

• Proceed with the patient who has reached a plateau and/or the discharged patient.