

Course Schedule



Diving into the Pelvic Floor

Day One:

7:30-8:00am

Registration and Breakfast

8:00-8:30am

Welcome and Course Overview

8:30-10:30am

Lecture: Pelvic Anatomy, Reasons for Pelvic Floor Dysfunction, Research-based Causes, Prevalence, Symptoms, Psychosocial Effects, Differential Diagnosis

10:30-10:45am

Break

10:45-12:30pm

Lecture: Diagnoses, How to Get a Good History, Pelvic Floor Exam Vaginal and Rectal

12:30-1:30pm

Lunch

1:30-3:00pm

Lecture: Vaginal and External Pelvic Floor Interventions

3:00-3:15pm

Break

3:15-4:30pm

Lab: Vaginal Pelvic Floor

4:30-5:00pm

Questions

Day Two:

8:00-10:30am

Lecture: Rectal and External Pelvic Floor Interventions

10:30-10:45am

Break

10:45-12:00pm

Lab: Rectal Pelvic Floor

12:00-1:00pm

Lunch

1:00-2:15pm

Case Studies

2:15-3:00pm

Lecture: Medical Management

3:00-3:15pm

Break

3:15-4:00pm

Lecture: Marketing and Creating Medical Team

4:00-4:20pm

Digital Q&A Session with Physician on How to Market to Physicians

4:20-5:00pm

Case Study and Questions