



## **Course Objectives:**

### **Diving into the Pelvic Floor**

**At the conclusion of this course, the learner will be able to:**

- Understand the anatomy of the and pelvic floor as it relates to bladder, bowel, sexual dysfunction and pelvic pain diagnoses – measured by observing lab work and asking the student questions
- Learn all aspects of common pelvic floor dysfunction diagnoses: definitions, causes, symptoms, psychosocial aspects, medical management options and physical therapy interventions – measured by asking the student questions and having the student participate in case studies
- Incorporate a pelvic floor exam and treatment into the care of different pelvic floor dysfunction diagnoses – measured by observing lab work and asking the student questions
- Demonstrate proficiency in internal and external manual therapy techniques and therapeutic exercise interventions to the pelvic girdle and pelvic floor – measured by observing lab work and asking the student questions
- Create an appropriate medical team for the patient – measured by asking the student questions and having the student participate in a case study
- Learn marketing strategies to promote your practice and find connections for a comprehensive medical team- measured by asking the student questions and Q&A with a physician